Wyandotte Public Schools

Office of the School Nurse

Dear Parent/Guardian,

You are receiving this letter because *head lice or recently laid nits (eggs)* have been found on your child's head. Don't panic! Head lice are not considered a health risk because they do not spread disease or illness. Head lice among school children are a common frustration; however, the spread of head lice can be controlled and prevented.

To help prevent the spread of head lice, it is important to treat your child today after school. Use a lice shampoo or other method to kill live lice, such as manual removal with a lice comb. **Always follow the package directions when using a lice product.** To remove nits after a treatment is done, use a lice comb, combing small sections at a time of wet hair.

Remember to check everyone in the household and treat anyone that has live head lice. If you think you see nits within one quarter inch of the scalp, but no live lice, continue to check daily. Check for live lice for two to three weeks following any treatment. A second treatment may need to be done in seven to ten days to kill any lice that may have hatched after the first treatment.

Remind your children not to have close head-to-head contact with others. Girls with long hair may wear it braided or in a ponytail to help avoid hair-to-hair contact. Attached you will find the *"Quick Guide for Managing Head Lice"*.

Once a treatment has been done, your child must be checked by the school nurse before returning to school. I will be available at 8:00 am until 2:00 pm at the Jo Brighton Skills Center located at 4460 18th Street in Wyandotte. Please call me at 734-759-6336 to schedule an appointment prior to their return to school. **You must remain with your child until I check them.**

For additional information, please go to <u>https://www.wyandotte.org/parents-and-</u><u>students/health-safety-and-resources</u>, or contact the school office or your primary care provider.

Sincerely,

Laura Shonk, RN School Nurse Jo Brighton Skills Center